

# AART

PRESS RELEASE 2016

“Just about the greatest thing ever”

\*\*\*\* The SKINNY



AART- a character comedy art workshop  
4.30pm On the Green, Pleasance Courtyard August 2016

*Journey into the what, where, how and NOW! of Aart, with New Zealand's favourite artist Mikey.*

AART is ..

- a 50 minute art workshop
- led by Mikey, a New Zealand artist
- an escapist character comedy
- a positive experience encouraging the audience to create
- a chance to draw and sculpt with plasticine!

AART is mildly ludicrous exploration of a ‘Creative workshop’. Creativity, self examination and staying in ‘the Now’ are examined through a variety of presentations and exercises. Within this Mikey draws light on a range of topics that challenge the notion of being ‘an artist’ including the relationship between the creative mind and mental health issues—a subject close to Andrew inspired by his own diagnosis of ADHD.

Andrew Bridge is an actor performer hailing from Yorkshire, based in Brighton, AART is his 1<sup>st</sup> Full run solo show. He is also performing with regular collaborator Colin Hoult in SKETCH SHOW FOR DEPRESSIVES 7pm Pleasance Beneath and COMMUNITY MATTERS w/ Dave Edwards (Gittens to Know You) 8.45pm Cellar Monkey.

AART (Work in progress) was selected in the SKINNY’s ‘Best of the Fringe 2015’ article and featured on BBC Scotland and Mervyn Stutter’s Pick of the Fringe during a limited ‘Work in progress’ run 2015. Since Edinburgh the show has continued to develop while touring including Dave’s Leicester Comedy Festival and Brighton Fringe 2016

Mikey’s ‘Art tutorial website’ including a large number of comedy clips is available online and helps publicize the show via social networks.

[www.andrew-bridge.com/project/aart-with-mikey/](http://www.andrew-bridge.com/project/aart-with-mikey/)

Andrew Bridge has appeared on Radio 2, Ch 4 Vic and Bob’s ‘Lucky Sexy Winners’, his documentary of competing in the 2011 World Alphorn Championships was featured in GQ and he plays regularly with his Improv Group KEITH. Represented by the Harter Allen Agency.

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